

## Owler Sprint Triathlon, Lydd Lakes (750m Open Water Swim, 20k bike, 5k run)

Well Done to Senior Squad Swimmer Toby Yemm

Toby's competed in his first full distance triathlon competing against the adults. He was the only junior to complete the Tri at just 15 years old. Toby lead out of the water, was overtaken on the bike but pulled back on the run to be placed 2nd overall.

